

EAT. DRINK. SOCIALIZE.

METLIFE MARKETPLACE

Breakfast Monday - Friday 7:30 am - 9:30 am

Lunch Monday - Friday 11:30 am - 2:00 pm

WEEK OF JANUARY 26TH



RISE & SHINE

BREAKFAST SPECIALS

Monday: hot honey chicken biscuit with pimento cheese	3.75
Tuesday: breakfast grit bowl with bacon, scrambled eggs, gravy, & cheddar	3.75
Wednesday: hot honey chicken biscuit with pimento cheese	3.75
Thursday: breakfast grit bowl with bacon, scrambled eggs, gravy, & cheddar	3.75

Mon

Flame Grill: chicken quesadilla with corn, black beans, & cheddar jack cheese	6.40
Fish & Chip Shop: crispy flounder, beer battered shrimp, waffle fries, coleslaw, roasted vegetable medley, assorted sauces	\$.50/oz
Taco Cantina: create your own torta with choice of pollo asado, chili roasted shrimp, or plant-based chorizo, choice of assorted toppings & sauces, served with black bean corn salad & spanish rice	8.95/9.50

Tues

Flame Grill: bbq cheddar turkey burger with crispy onions, cheddar cheese, mayo, & bbq sauce on brioche	6.40
Kitchen & Co.: slow braised pot roast, vegetable pot pie, mashed yukon gold potato, steamed green beans, roasted cauliflower, dinner rolls & butter	\$.50/oz
Thai & True: choice of panang pork curry or vegetable green curry, served over jasmine rice, choice of thai style green beans	9.50

Wed

Flame Grill: chicken quesadilla with corn, black beans, & cheddar jack cheese	6.40
Piccola Italia: beef lasagna al forno, creamy vegetable lasagna, balsamic roasted vegetables, tuscan kale caesar, garlic cheese bread	\$.50/oz
Chef's Table: create your own poke bowl or burrito with choice of ahi tuna or tofu, served with rice, assorted pickled and fresh vegetables, & assorted sauces	10.00/8.95

Thurs

Flame Grill: bbq cheddar turkey burger with crispy onions, cheddar cheese, mayo, & bbq sauce on brioche	6.40
Game On Football: chef dewayne's chicken wings or baked meatless chicken strips tossed in choice of assorted sauces, served with potato salad & vegetable crudite	\$8.95
Ginger Republic: choice of peking beef or peking tofu, served with vegetable fried rice, vegetable egg rolls, and a cup of egg drop soup	10.00/8.95

Fri

Kitchen & Co.: chef's selection	\$.50/oz
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WEEKLY FEATURES

ITEMS AVAILABLE ALL WEEK

PICCOLA ITALIA

cheese flatbread	4.75
meat flatbread	5.25
veggie flatbread	5.55
bbq chicken calzone with grilled onions	6.00
spinach alfredo cauliflower crust pizza	6.00

BUTCHER & BAKER

roast beef florentine with roasted peppers, spinach, mayo, parmesan & provolone on telera	6.40
curry chicken salad croissant with apples, lettuce, tomato, & cucumber	6.40
egg salad wrap with lettuce & tomato in a garlic herb tortilla	6.40



MET CAFÉ

Download and order with the app today!

SOUPS

MONDAY

lemon chicken orzo	12 oz 3.30
	16 oz 4.40

TUESDAY

vegetable beef & barley	12 oz 3.30
	16 oz 4.40

WEDNESDAY

chicken noodle	12 oz 3.30
	16 oz 4.40

THURSDAY

wicked thai chicken & rice	12 oz 3.30
	16 oz 4.40