

# EAT. DRINK. SOCIALIZE.

## METLIFE MARKETPLACE

Breakfast Monday – Friday 7:30 am – 9:30 am

Lunch Monday – Friday 11:30 am – 2:00 pm

## WEEK OF JANUARY 26TH



### RISE & SHINE

#### BREAKFAST SPECIALS

<b>Monday:</b> hot honey chicken biscuit with pimento cheese	3.75
<b>Tuesday:</b> breakfast grit bowl with bacon, scrambled eggs, gravy, & cheddar	3.75
<b>Wednesday:</b> hot honey chicken biscuit with pimento cheese	3.75
<b>Thursday:</b> breakfast grit bowl with bacon, scrambled eggs, gravy, & cheddar	3.75

Mon

<b>Flame Grill:</b> chicken quesadilla with corn, black beans, & cheddar jack cheese	6.40
<b>Fish &amp; Chip Shop:</b> crispy flounder, beer battered shrimp, waffle fries, coleslaw, roasted vegetable medley, assorted sauces	\$.50/oz
<b>Taco Cantina:</b> create your own torta with choice of pollo asado, chili roasted shrimp, or plant-based chorizo, choice of assorted toppings & sauces, served with black bean corn salad & spanish rice	8.95/9.50

Tues

<b>Flame Grill:</b> bbq cheddar turkey burger with crispy onions, cheddar cheese, mayo, & bbq sauce on brioche	6.40
<b>Kitchen &amp; Co.:</b> slow braised pot roast, vegetable pot pie, mashed yukon gold potato, steamed green beans, roasted cauliflower, dinner rolls & butter	\$.50/oz
<b>Thai &amp; True:</b> choice of panang pork curry or vegetable green curry, served over jasmine rice, choice of thai style green beans	9.50

Wed

<b>Flame Grill:</b> chicken quesadilla with corn, black beans, & cheddar jack cheese	6.40
<b>Piccola Italia:</b> beef lasagna al forno, creamy vegetable lasagna, balsamic roasted vegetables, tuscan kale ceasar, garlic cheese bread	\$.50/oz
<b>Chef's Table:</b> create your own poke bowl or burrito with choice of ahi tuna or tofu, served with rice, assorted pickled and fresh vegetables, & assorted sauces	10.00/8.95

Thurs

<b>Flame Grill:</b> bbq cheddar turkey burger with crispy onions, cheddar cheese, mayo, & bbq sauce on brioche	6.40
<b>Game On Football:</b> chef dewayne's chicken wings or baked meatless chicken strips tossed in choice of assorted sauces, served with potato salad & vegetable crudite	\$8.95
<b>Ginger Republic:</b> choice of peking beef or peking tofu, served with vegetable fried rice, vegetable egg rolls, and a cup of egg drop soup	10.00/8.95

Fri

<b>Kitchen &amp; Co.:</b> chef's selection	\$.50/oz
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### WEEKLY FEATURES

#### ITEMS AVAILABLE ALL WEEK

##### PICCOLA ITALIA

cheese flatbread	4.75
meat flatbread	5.25
veggie flatbread	5.55
bbq chicken calzone with grilled onions	6.00
spinach alfredo cauliflower crust pizza	6.00

##### BUTCHER & BAKER

roast beef florentine with roasted peppers, spinach, mayo, parmesan & provolone on telera	6.40
curry chicken salad croissant with apples, lettuce, tomato, & cucumber	6.40
egg salad wrap with lettuce & tomato in a garlic herb tortilla	6.40



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### SOUPS

#### MONDAY

lemon chicken orzo	12 oz 3.30
	16 oz 4.40

#### TUESDAY

vegetable beef & barley	12 oz 3.30
	16 oz 4.40

#### WEDNESDAY

chicken noodle	12 oz 3.30
	16 oz 4.40

#### THURSDAY

wicked thai chicken & rice	12 oz 3.30
	16 oz 4.40